

Psych Matters

Fall 2016

Editor, Jennifer Mailloux, Associate Professor of Psychological Science

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The Newsletter of the University of Mary Washington Department of Psychological Science

Dr. Emily Stanley Joins the Psychological Science Faculty

by Pary Aflaki ('18), Psychology Student Representative

At the beginning of the Fall 2016 semester, we warmly welcomed the newest member of the Psychological Science faculty, Dr. Emily Stanley! Dr. Stanley is a clinical psychologist with research interests in psychophysiological processes underlying clinical symptomology. This semester, she is teaching Abnormal Psychology and Research Methods in Psychology. Next semester, she will teach Clinical Psychology and Biological Psychology.

Dr. Stanley was born and raised in Oklahoma City. From Oklahoma, she relocated to San Antonio, Texas, where she attended Trinity University. In 2006, she received her Bachelor's degree; she double-majored in Psychology and Anthropology. As an undergraduate, Dr. Stanley became interested in clinical psychology not only due to coursework in the area, but also due to her participation in a clinically-oriented practicum as well as her involvement with the United Way Help Line, a social services helpline. At the time, working for the United Way Helpline was particularly stressful because people were being evacuated from New Orleans, Louisiana, as well as San Antonio, to Houston, Texas, due to the impending arrival of Hurricane Katrina.

As an undergraduate, Dr. Stanley became interested in research and sought out research assistantships. As an undergraduate research assistant, she had her first experiences recruiting and running participants. In one case, she recruited and ran 2-3 year-old participants in a study on verb learning. In another case, she recruited and ran college-aged participants in a study on the creation of false memories. According to Dr. Stanley, these early research experiences sparked her desire to pursue additional research opportunities in the future.

In addition to her undergraduate coursework and research experiences, Dr. Stanley was an active member of the Alpha Phi Omega service fraternity, a volunteer organization that promotes the development of leadership skills by providing opportunities to serve their campus and the larger communities. She was a member of the



Dr. Emily Stanley

intramural volleyball team as well, and enjoyed spending her free time exploring the city of San Antonio.

After graduating from Trinity University, Dr. Stanley took a couple years off to gain more research experience. She got a position as a research assistant at the University of Texas Health Science Center, also in San Antonio. There, she collected data from individuals participating in studies on music and language perception. Interestingly, the studies used neurophysiological techniques to collect data, including recording of electrical responses in the brain called event-related potentials, and differences in blood flow in the brain and, in turn, brain activity, using functional magnetic resonance imaging. Dr. Stanley's work in this lab not only allowed her to gain valuable experience with cutting-edge techniques, but also fueled her interest in neurophysiological correlates of behavior.

Eventually, Dr. Stanley began graduate-level studies at the University of Delaware in Newark. She received her master's degree in Psychology in 2011. During her time as a master's student, she performed research as a member of

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a laboratory that focused on using psychophysiological methods to study human cognition and emotion. Dr. Stanley continued her studies at the University of Delaware, receiving her doctoral degree in Clinical Science in 2015. Her dissertation was titled, “The effect of uncertainty on the magnitude of error-related brain activity in anxious people during a reinforcement learning task.” As part of the requirements for her doctoral degree, Dr. Stanley completed a two-year, postdoctoral clinical residency at the Veteran’s Affairs Ann Arbor Healthcare System in Michigan. At the Ann Arbor Veteran’s Affairs hospital, she supervised psychology interns who provided cognitive-behavioral therapy to clients suffering from insomnia.

Throughout her graduate career, Dr. Stanley had the opportunity to work with a number of undergraduate research assistants. In addition, she had the opportunity to teach some courses, including Research Methods in Psychology. A common thread running through these experiences was working closely with small groups of undergraduates on research projects.

The ability to continue to work on research projects with small groups of students was one of the opportunities available at UMW that appealed to Dr. Stanley. At her interview, she stated that she looked forward to teaching Research Methods again, relishing the opportunity to shepherd students through projects based on their own interests and of their own

design. In addition, she expressed interest in introducing a research team to her area of research, clinical psychophysiology, and working with them on a research project.

When asked to describe herself using one word, Dr. Stanley chose “curious.” She described herself as one who likes to ask questions about why people behave the way that they do. Fitting for a psychologist! Well, Dr. Stanley, the students and faculty of the Department of Psychological Science welcome your curiosity about behavior. We are sure that you will find eager minds with which to share your knowledge and with whom you can continue to ask meaningful questions about behavior. Welcome to UMW!

PsychMatters Newsletter Moves to Digital Circulation

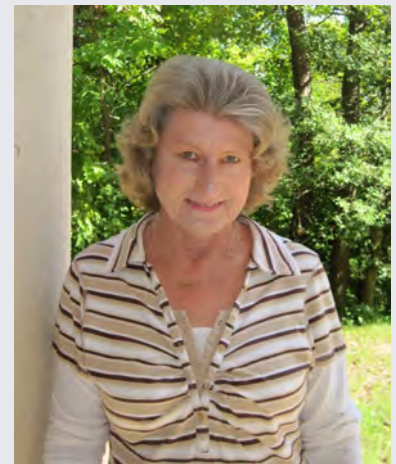
Beginning with the current issue, the *PsychMatters* newsletter will be circulated digitally; it will no longer be mailed as a hard copy. For the time being, the format and typical content of the newsletter will remain the same; however, it will be distributed as an email attachment primarily. In addition, the newsletter will continue to be posted to the department website at <http://cas.umw.edu/psychology/home/newsletters/> and it will be posted on the UMW Psychology Majors, the UMW Psychology Alumni, and UMW Psychology Club Facebook pages. If you are a UMW Psychology graduate and you are not on our email distribution list, but would like to be, please contact Amy Beaulieu, Assistant Director of Alumni Communications, at (540) 654-2062 or abeaulie@umw.edu to provide a current email address. We hope that not only will the digital format be as enjoyable as the previous format, but also that it will be a more convenient way to get your UMW Psychological Science department news!

Jean Bennett Retires After 28 Years of Dedicated Service

By Lauren Bache ('17), Psychology Student Representative

Jean Bennett, our beloved Psychological Science Department office manager, retired at the end of October after 28 years of employment at UMW. Jean has been a valued employee, a considerate mentor, and a compassionate friend to the administration, students, and faculty, respectively. Jean is a part of the UMW and Psychological Science families, and her daily presence and efforts will be sorely missed. Nevertheless, it is time for Jean to reap the rewards of so much capable, consistent, and conscientious effort over the years. As saddened as we were to see her retire, we rejoiced in the freedom that retirement will bring to her; it was a truly bittersweet farewell!

Jean began working at UMW on October 1, 1988. At UMW, Jean held the position of office manager; she held a similar position in Pennsylvania



Jean Bennett

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for 16 years before moving to Virginia. Initially, she managed not only the Psychology Department, but also the Classics, Philosophy, and Religion Department. Jean continued to work for both departments even after the Classics, Philosophy, and Religion department moved to a different building and Jean had a daily “commute” between the homes of the two departments.

Jean began managing the Psychology Department only in 1991. At that time, the Psychology Department was located in Chandler Hall. Now, the department is in the newly-renovated Mercer Hall, which Jean has been able to enjoy for about a year. Jean said that the new home of the department is beautiful she feels sad to have to leave our new building!

Chandler Hall is no longer the home of the Psychology Department, which became the Department of Psychological Science last year, and those aren’t the only things that have changed. The department has grown. When Jean was hired there were only eight, full-time faculty members. Now, there are fourteen! Two of those faculty members have been here longer than Jean, Drs. Steve Hampton (Associate Professor) and Debra Steckler (Associate Professor).

When asked about Jean’s impending retirement, Dr. Hampton said “Jean is the most important person in the department. The department can replace any member of the faculty more easily than they can find someone to fill Jean’s shoes. She knows how to get everything done, and knows how to do it with efficiency, grace, and charm.”

Similarly, Dr. Steckler lamented Jean’s retirement. Simply put, she said, “Jean retiring is terrible!” It is terrible because, as Dr. Steckler elaborated, Jean is a more than just a colleague to the faculty and students. As Dr. Steckler described, “I will have no one to talk to first thing in the morning! We all have a personal relationship with Jean, and I don’t know what we’ll do without her on a daily basis, personally and professionally.”

Dr. Dave Kolar (Chair and Associate Professor) corroborated the sentiments of Drs. Hampton and Steckler. When asked about Jean’s retirement, Dr. Kolar said, “Jean’s retirement will be challenging for all of us. She has been here longer than most of the faculty in the department, and she is an important social presence.” Dr. Jennifer Mailloux (Associate Professor) added, “Jean’s presence will still be felt, because she must come visit us! All of us intend to continue the personal relationship

we have with Jean. She may not be on campus to help us function on a day-to-day basis, but the friendships we have with her will continue to grow.”

It is safe to say that Jean feels the same when it comes to the relationships she has with the people in the Psychological Science Department. Jean said that she will miss the faculty and the students. She said, “The professors are like family to me and, in general, the psychology department was the best.” Jean said that she will miss morning chit-chat with the crew of faculty and students who rotate through her office at the start of each day to say, “Hello,” and shoot the breeze. However, Jean does not feel that the department will fall apart when she leaves! Jean believes we will get along without her, despite what her faculty friends say. As Dr. Mailloux put it, “We will get along without Jean because we have to, but not because we want to!”

When asked what she is looking forward to most about retirement, Jean said, “Not having to rush as much to get chores done before getting to work, and being able to take care of my animals later in the morning.” Jean lives on a farm and used to wake up at approximately 4:00 a.m. to care for the 45 animals – cows, chickens, and dogs – that live there, before getting to work at UMW every morning at 6:30 a.m. Jean is not only looking forward to starting her animal care rounds a little later in the morning, but also to having more time to spend with and care for her husband, Ed. Also, Jean has always been fond of gardening and hopes to have more time to tend to her garden during retirement.

The bottom line is that Jean will be greatly missed by the entire department. Professionally speaking, she is an extremely valued employee. This is evidenced by the fact that she was awarded the Charles Coleman Memorial Service Award in 2003. This award for outstanding service and commitment to the university is the greatest honor UMW can present to a non-teaching member of the staff. However, Jean is much more than an employee, especially to the faculty and students in the Psychological Science Department. Jean is our friend and we have been through a lot of changes together. Jean helped us weather all those changes and we are so, so grateful.

Jean, thank you for all your years of service and friendship. Although we are sad to see you leave UMW, we wish you and Ed the best in your retirement and we look forward to our continued friendship.



Keep in touch with your psychology department and fellow graduates. Join the **UMW Psychology Majors** group or the **UMW Department of Psychological Science Alumni** group on Facebook!

Psi Chi Hosts Panelists for the Annual Career Forum

By *Michaela De Asis ('16) and Ana Martinez ('16), Psychology Student Representatives*

“What are your plans after graduation?” This is one question that graduating seniors either love or hate to hear. Either way, soon-to-graduate students get asked this question often! Another question, “What do you plan to do with a degree in Psychology?,” is one that Psychology majors are often asked after they mention their field of study.

Although a handful of graduating psychology majors know what they plan to do after graduation, the majority are still undecided. Therefore, the UMW chapter of Psi Chi sponsors a Career Forum annually. The event involves a panel of individuals currently working in a field related to psychology who not only share their experiences in the field, but also offer helpful advice related to graduate school, job hunting, and more to the student attendees.

Last semester’s Career Forum panel consisted of five individuals, all of whom happened to be UMW Psychology Department alumni. One of the panelists, **Christina Berben ('07)** is currently the Clinical Services Coordinator for the Rappahannock Council Against Sexual Assault (RCASA). RCASA offers individual and group counseling, as well as crisis services, via hotline; legal advice and advocacy; and sexual assault awareness and prevention programming and training. Christina’s most memorable words of advice, directed to those students interested in pursuing work as a counselor, were to try to find a place to work that offers support to its counselors. Although a counselor’s job is to assist those in need, it is a difficult one. Being able to bounce ideas off of and get advice from supportive colleagues is important.

Another panelist, **Janine Crossman ('15)** is currently a Research Assistant in the Children, Youth, and Families Domain at ICF International. ICF International is an organization that specializes in analyzing, interpreting, and presenting data for government and business clients; Janine contributes to this task for the populations in her domain. Having enjoyed and performed well in her psychology statistics courses, Janine sought out a job that would allow her to apply her statistics knowledge and computer-related skills. At the forum, Janine described her search for jobs in a field that might not offer “psychology” jobs per se, but does offer jobs that capitalize on the skills gained while studying psychology.

Kristy Durso ('11), the third panelist, is currently a Child and Adolescent Mental Health Case Manager

for the Rappahannock Area Community Service Board (RACSB). RACSB offers various services to the community, including mental health, intellectual disability, and substance abuse services. Kristy encouraged the student attendees to apply for jobs for which they think they might not have the experience.

She suggested that students let the organization decide whether the applicant has enough experience or not; sometimes, especially if you get an interview, you may find that an applicant’s attitude and personality matter more than years and years of experience.

Emma Leheney ('15), the fourth panelist, is currently working as an Admissions Counselor at Goucher College. As an admissions counselor,

Emma participates in activities to promote the college and recruit students. Her advice to the student attendees was to open up their minds to different possibilities. Emma never thought about working in higher education administration while she was a student, but decided to apply for her job when she saw it advertised. She got the job and loves it! Furthermore, she uses what she learned as a psychology major every day while interacting with potential students and representing her institution.

And, last but not least, panelist **Patrick Vukmirovich ('15)** currently serves as a Clinical Technician and Psychometrist at Neuropsychology and Complimentary Medicine, Inc. (NACMED). Part of Patrick’s job involves performing medical and forensic background research and creating databases. Patrick emphasized that internships are extremely valuable and, sometimes, can turn in the full-time jobs; Patrick started working at NACMED as an intern. He reminded the student attendees to not only seek out internships, but also be a responsible, hard-working, and genuine intern. An able supervisor may not let a qualified and dedicated intern go!

We had to stop the clock at the forum, otherwise it may have continued for hours! The Psychological Science department is extremely grateful to the panelists for sharing their experiences, thoughts, and advice. This year’s Career Forum will be held on March 16, 2017. The panelists and location are to be announced; however, we are sure to have not only a diverse, interesting, and informative panel, but also a fantastic student attendee turnout!



The Career Forum Panel: Janine Crossman, Patrick Vukmirovich, Emma Leheney, Kristy Durso, and Christina Berben

Exploring the Origins of Psychology in Europe

By Leah Machesney ('17) and Hunter Scott ('17), Psychology Majors

In the summer, a course titled “Psychology in Europe” is offered which allows students to learn about and experience some of the cities and sites significant with respect to the development of psychology as a discipline. Early last May, Drs. Dave Kolar (Chair and Assistant Professor) and Chris McBride (Professor) guided ten students on a trip through four countries with stops at numerous attractions. The latter were important either in terms of the people or ideas that contributed to the development of psychology. In addition to visiting these attractions, students had time to explore others not necessarily related to psychology.

Our journey began in London, England, where we retraced the steps of Charles Darwin at his home in the country, visited Sigmund Freud’s last home, and attended an interesting lecture about intelligence testing at The Open University of London. During our free time in London, we learned to look the *opposite* way before crossing the street as we visited tourist attractions like Buckingham Palace, Big Ben, the Tower of London, Westminster Abbey, and several others.

The Eurostar took us through the Channel to the next city we visited: Paris, France. And yes, Paris *is* always a good idea! We explored Notre-Dame Cathedral and Sainte-Chapelle chapel. In addition, we visited the Palais de la Cite, the prison in which Marie Antoinette was held and where she was executed eventually, and Pitié-Salpêtrière, a hospital in which Jean-Martin Charcot pioneered the practice of hypnotism to treat hysteria. We were also given the unique opportunity to browse through several books in Charcot’s personal library, including a book gifted to Charcot from Freud in 1891. The rest of our time in Paris was spent eating crepes!

To fulfill the course requirements, we read articles that related to each of the psychology-relevant sites we visited, took turns leading discussions about the materials we read, kept a journal of our day-to-day experiences, and answered reflection questions.



The Psychology in Europe Group in Paris (clockwise from top, left): Hunter Scott, Ciera Osborne, Kathryn Henderson, Victoria Triska, Rose Tramosch, Dr. Dave Kolar, Leah Machesney, Katie Hatton, Emily Saia, Myrick Zobrist, and Jackie DeGroat

Our two-day stop in the small town of Würzburg, Germany, was a welcome break from the fast-paced whirlwinds of London and Paris. We visited the Centre for the History of Psychology, where we learned about Gestalt psychology, and enjoyed a wonderful lunch with psychology students from the University of Würzburg. While we were in Germany, we visited the Dachau concentration camp as well, which was an incredibly emotional and thought-provoking experience.

The last few days of our trip were spent in Vienna, Austria. We saw Freud’s iconic apartment and former place of work, Bergasse 19. Also, we learned about Alfred Adler’s historical relevance at the Alfred Adler Center. On one of the last nights of our trip, we enjoyed a beautiful opera at the historic Vienna Opera House.

“Psychology in Europe” is a 3-credit course open to students of all majors. Completion of General Psychology is the only prerequisite, and the course fulfills the General Education experiential learning requirement. To fulfill the course requirements, we read articles that related to each of the psychology-relevant sites we visited, took turns leading discussions about the materials we read, kept a journal of our day-to-day experiences, and answered reflection questions.

Psychology in Europe was an extremely valuable and interesting experience that brought the discipline of psychology to life! For information about future iterations of this course, contact Dr. Kolar at dkolar@umw.edu.

New Student Representatives, Aides, and Tutors for '16-'17

Last spring, **Pary Aflaki**, **Lauren Bache**, **Alexandra Fitzgerald**, and **Erynn Sedrick** were elected by their peers to serve as psychological science department student representatives. The representatives have been busy organizing events like the Majors Meeting and the Fall Picnic this semester. The student representatives work with Dr. Dave Kolar (Chair and Associate Professor) to bring these events about. Also, the student representatives contribute to this newsletter!

Three students were selected to serve as lab aides. **Caroline Schwartz** is returning from last year. She will be joined by **Lauren Bache** and **Marissa Cassens**. The lab aides oversee the computers labs in Mercer Hall. The lab aides are advised by Dr. David Rettinger (Associate Professor). In addition, **Alyssa Cugle** and **Megan Jensen** are serving as statistics tutors.

Jennaveve Yost is serving her second year as the subject pool student coordinator. She is advised by Dr. Hilary Stebbins (Associate Professor). **Alexander Ramos** and **Alexis Robinson** will serve as animal behavior lab assistants. They are supervised by Dr. David Stahlman (Assistant Professor). Last but not least, **Lauren Tolson** is serving as the community service learning (CSL) student coordinator. She is advised by Dr. Miriam Liss (Professor).

On behalf of the psychology department, thank you to the student representatives, aides, and tutors (and to their advisors) for the services you provide.

Psi Chi Inducts New Members and Elects New Officers for '16-'17

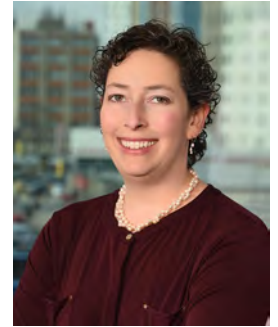
Last spring, a number of psychology majors were welcomed into the UMW chapter of Psi Chi, the National Honor Society in Psychology. The inductees were: **Madeline Brown**, **Rebecca Cain**, **Madison Combs**, **Angela Elcan**, **Samantha Fitzgerald**, **Alexanna Hengy**, **Maryfay Jackson**, **Kara Ness**, **Danielle Niepokoj**, **Caroline Porco**, **Ashlyn Runk**, **Aimee Silverman**, and **Samantha Varljen**.

Also, the Psi Chi chapter elected new officers last semester. **Maryfay Jackson** and **Meghan Turney** were elected Co-presidents, **Jessie Verive** was elected Secretary, and **Danielle Niepokoj** was elected Treasurer. Also, **Madison Combs** was elected Fundraising Chair and **Alexanna Hengy** was elected Historian.

Psi Chi Symposium Presenters Given Awards for Outstanding Research

At the Psi Chi Symposium, outstanding research was recognized in three categories: Methods Course Research, Seminar Course Research, and Independent Study Research.

Samantha Buechler, **Natalie Carpenter**, and **Juliette Zadrzil** were given the award for best Methods Course Research. Their project was titled, *Influence of gender on conformity in college-aged students*. They completed this project in Dr. Laura Wilson's Research Methods class.



Dr. Diana Robins

John Bozek, **Natalie Del Cid**, **Ryan Hauber**, and **Hannah Pierson** were given the award for best Seminar Course Research. Their project was titled, *The effect of imagined social contact on the experience of pain*. They completed this project in Dr. Jennifer Mailloux's Research Seminar.

Last, but not least, **Holly Aleksonis**, **Madeline Brown**, **Megan Blosser**, and **Haley Kane** were given the award for best Independent Study Research. Their project was titled, *The effect of self-concept and effort on food consumption*. They completed this project with Dr. Christine McBride. Congratulations to our award winners and to all the Psi Chi Symposium presenters!

These awards were presented following a keynote address by Dr. Diana Robins, Associate Professor at the A.J. Drexel Autism Institute at Drexel University. Her address was titled, *Toddler screening for autism spectrum disorder*.

Jenna Gray ('14) and Alyssa Stewart ('14) Receive Recognition from the Virginia Association for Psychological Science

Jenna Gray and **Alyssa Stewart** were given the Frederick B. Rowe Award for the Best Undergraduate Paper presented at last spring's annual meeting of the Virginia Association for Psychological Science. Their presentation was titled, *Searching for other-race faces: The role of attractiveness*. Jenna and Alyssa completed their project under the supervision of Dr. Steve Hampton (Associate Professor). Congratulations, Jenna and Alyssa!

Student Awarded Honors in Psychology

Honors are awarded to academically outstanding psychology majors who complete a theoretical paper or an empirical investigation either independently or as part of the work of a research team. In addition, these students present their work to an honor's project committee for evaluation. **Rebekah Selbrede** was awarded honors for the '15-'16 academic year. Congratulations, Rebekah!

Students Named Scholarship and Award Winners

First, the *Outstanding Senior Award* was given to **Kathryn Tsagronis**. Congratulations, Kate! In addition, a number of students were awarded scholarships for the '16-'17 academic year. The *Topher Bill Scholarship* was awarded to **Kristine Harner** for her

outstanding academic performance, particularly in statistics and research methods. Two *Minnie Rob Phaup Scholarships*, named in honor of a former faculty member, were awarded to **Katherine Hatton** and **Meghan Turney**.

Two *Burney Lynch Parkinson Scholarships*, for students who intend to make education a career, were awarded to **Samantha Buechler** and **Caroline Schwartz**. Two psychology majors, **Kara Ness** and **Jessie Verive**, were awarded the *Emily Cella Scholarship*, for their outstanding academic achievement in social science. One psychology major, **Asma Noman**, was awarded the *C. Jarrett and Hazel Small Wilkins Scholarship in Social Sciences* for outstanding academic achievement; special consideration for this scholarship is given to candidates who participate in community service.

Last, psychology major **Aloria Vanover** was awarded the *James C. ('87) and Deborah S. Llewellyn Scholarship in Psychology* for her excellent academic performance. James C. Llewellyn endowed this

scholarship because he appreciated the critical thinking, research, and communication skills he garnered at UMW, which prepared him well for an advanced degree and a career in Human Resources. Deborah S. Llewellyn is employed in the Human Resources field as well. Congratulations to all our scholarship recipients!

Psi Chi Wins Southwestern Regional Chapter of the Year Award!

This award is given to recognize chapters that consistently identify and enroll eligible members, serve their members and community, and use teamwork to achieve their goals in addition to carrying out chapter business effectively. Last year, our chapter was awarded a certificate and a monetary award. The UMW chapter of Psi Chi is advised by Mindy Erchull (Associate Professor). Congratulations to the UMW Psi Chi chapter!

Psychology Majors Invited to Join Phi Beta Kappa and Its Award Renamed in Honor of Roy H. Smith, Distinguished Emeritus Professor of Psychology

Last spring, the following psychology majors were invited to join the UMW Chapter of Phi Beta Kappa: **Samantha Buechler, Robyn Ellis, Jennifer Freud, Kara Ness, and Kathryn Tsagronis**.

Phi Beta Kappa, founded in 1776, is well-known for being the oldest undergraduate honors association in the United States. Its mission is to foster and recognize excellence in the liberal arts and sciences.

Furthermore, Phi Beta Kappa presents an annual, monetary award to a new inductee who exemplifies the characteristics most valued by the organization, including intellectual integrity, tolerance for other views, a broad range of academic interests, and civic responsibility. This year's award winner was **Kara Ness**.

Not only did the award go to a psychology major last year, but also it was the first year the award was presented as the Roy H. Smith Phi Beta Kappa Award. Dr. Smith, Distinguished Professor of Psychology, retired in 2010 after a 40-year career at UMW. Dr. Smith's areas of expertise were in the field of biopsychology/neuroscience. Furthermore, Dr. Smith was an active member of Phi Beta Kappa while a faculty member at UMW, and he has continued to support the organization during his retirement. Due to his career-long and beyond commitment to Phi Beta Kappa, the UMW chapter decided to name the award in his honor.

Where Are They Now?

Holly Aleksonis ('16) is currently a research assistant at Nationwide Children's Hospital in Columbus, Ohio. She is doing neuropsychological research on children who have survived traumatic brain injuries.

Samantha Amos ('16) began the master's in student affairs administration in higher education at Ball State University in Muncie, Indiana.

Meghan Bringuel ('16) is currently enrolled in the master's in sociology program, with a concentration in crime studies, at the Auburn University in Alabama. In addition to taking classes, she is working as a graduate teaching and research assistant.

Elizabeth Carroll ('15) is currently the Program Director/ Research Development Associate of the Boys and Girls Club of America in Fauquier, Virginia. She writes grants, organizes fundraising, and meets with public officials during the day. During the evenings, she designs and supervises programs for kids.

Michaela DeAsis ('16) began the master's in clinical social work program at George Mason University this fall.

Anna Edelman ('09) began the doctoral program in Counseling Psychology at the University of Denver in Colorado this fall.

Angela Elcan ('16) began the master's in applied behavior analysis at Western New England University in Springfield, Massachusetts, this fall. In addition, she is working at the New England Center for Children (NECC) in Boston, Massachusetts. The NECC provides educational services to children with autism.

Robyn Ellis ('16) began the doctoral program in clinical psychology at Northern Illinois University in DeKalb this fall.

Catherine Gauthier ('13) is currently a special education teacher in an inclusive preschool sponsored by a non-profit organization called Springbrook in Oneonta, New York. Last fall, she earned her master's degree in school psychology from Columbia University in New York City.

Alaina van Gelder ('02) is currently the Executive Director of Women Supporting Women, a non-profit organization dedicated to increasing breast cancer awareness and providing support to individuals affected by breast cancer, based in Salisbury, Maryland and serving the Delmarva area. In addition, Alaina is currently pursuing a master's degree in clinical mental health counseling at Wilmington University in New Castle, Delaware.

Jenna Gray ('16) is currently working at Mental Health Resources, the office of licensed clinical psychologist Dr. Roger Pasternak, in Fredericksburg. In the near future, she intends to pursue a doctoral degree in social psychology.

Charlotte Hagerman ('14) began the doctoral program in Applied Social Psychology at The George Washington University last fall. She had been working as a research assistant in the Lombardi Comprehensive Cancer Center at the Georgetown University Medical Center since she graduated from UMW.

Ryan Hauber ('16) is currently working for Childhelp Alice C. Tyler Village in Lignum, Virginia. It is a residential facility for abused, neglected, and at-risk children from 5 to 14 years of age. The facility provides on-site clinical, educational, recreational, and occupational therapy.

Stephanie King ('16) is currently working at Blackstone Coffee Company in Fredericksburg. In the near future, she intends

to pursue a master's degree in occupational therapy.

Claire Merenda ('16) is currently a member of the digital product development team at the American Psychological Association in Washington, D.C. She is working on the development of APA Style Central, an online resource that will help individuals conducting psychological research with many parts of the process, including designing a study, writing an APA-style paper, and publishing their work. In the future, Claire intends to pursue a master's in social work.

Laura Morris ('16) began the master's in clinical work program at Virginia Commonwealth University this fall.

Jenna Petrucelli ('14) is currently an assistant coach of the women's lacrosse team at Bucknell University in Lewisburg, Pennsylvania. Prior to accepting the position at Bucknell University, Jenna was the head coach of the women's lacrosse team at Rosemont College in Bryn Mawr, Pennsylvania.

Rebekah Selbrede ('16) began the doctoral program in school psychology at the University of South Florida this fall.

Melissa Shepherd ('09) earned her doctoral degree in social psychology from Florida State University in Tallahassee last May. Last fall, she joined the faculty of the University of Montevallo in Alabama as an assistant professor.

Jenna Shevlin ('15) is currently a third grade teacher at Spotswood Elementary, part of the Spotsylvania Public School System, in Fredericksburg.

Mara (Rice) Stubbs ('09) began medical school at the University of Pittsburgh in Pennsylvania this fall. Prior to attending medical school,

Mara was a registered nurse at the University of Kentucky, Albert B. Chandler Hospital in Lexington.

Geneva Travis ('12) began the master's program in special education, with a concentration in applied behavior analysis, at the University of Washington in Seattle.

Hannah Walker ('16) is currently working at Walter Reed National Military Medical Center in Bethesda, Maryland, as a research assistant in the traumatic brain injury department. Specifically, she is working on a 15-year study on the natural history of traumatic brain injury.

Alex Zelin ('09) is currently an Assistant Professor at the University of Tennessee at Chattanooga. She pursued her doctoral degree in Industrial/Organizational Psychology at the University of Akron in Ohio.

Announcements

The Department of Psychological Science is looking for alumnae and alumni who are willing to discuss their careers and career paths with current psychology majors. Our goal is to create a list of graduates and their occupations to illustrate the variety of opportunities for individuals with a psychology degree and to provide a point of contact so that current students could ask questions and gain advice. The list, including name and occupation, would be posted on our webpage; however, contact information would be made available to current undergraduates by request only. If you are a willing alumna or alumnus, please contact Dr. Virginia Mackintosh, Associate Professor, at vmackint@umw.edu. Send her your name, occupation (including a brief description of your regular activities, if you desire), as well as your current email address

and, if you desire, a phone number at which interested students may contact you. We would appreciate your help in providing a valuable resource to current psychology majors. Thank you in advance!

Please consider recognizing the Department of Psychological Science with a monetary contribution. Please make checks payable to the University of Mary Washington Foundation, and specify that the donation is for the Department of Psychological Science. Please send checks to the following address: University of Mary Washington Foundation, Jepson Alumni Executive Center, 1119 Hanover Street, Fredericksburg, VA 22401-5412. Your donation would be used to support student scholarships and student presentations at conferences. We would appreciate your support!

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