

## SCHOLARSHIPS

Our department offers our top majors (rising juniors and seniors) more than \$20,000 in scholarships annually. Scholarships are based on academic achievement as well as other qualities, such as engagement in community service and intention to teach.

## OUR ALUMNI

UMW psychology majors achieve academic, career, and personal success.

They can be found as:

- Psychology professors and research scientists at top institutions
- Professional clinical psychologists, social workers, and counselors
- Teachers
- Lawyers and doctors
- Occupational and physical therapists
- Nonprofit staff members
- Professionals in human resources, advertising, and management

*Being a psych major at UMW means you don't have to dread your 8 a.m.'s. (You look forward to them!) You don't have to worry about writing a paper because the topic is always interesting to you. You meet lifelong friends in your classes, and professors become mentors even after you graduate. I loved being a psychology student at Mary Washington, and I can honestly say it completely changed my life for the better.*

— Megan Champion '14



*I am beyond lucky to have been in a program that is so rigorous with stats and research. When I graduated, I felt fully prepared to work in research. The skills and foundation I learned there has carried over in all types of research I've worked in over the last 16 years.*

— April Yanuzzo Buttaccio '02



18/19-015

For more information about the programs offered by the department, please contact:

Dr. Christine McBride, Chair  
Department of Psychological Science  
University of Mary Washington  
1301 College Avenue  
Fredericksburg, Virginia 22401  
540/654-1054  
[www.umw.edu/cas/psychology](http://www.umw.edu/cas/psychology)

For an academic catalog and an application for admission, please contact:

Office of Admissions  
University of Mary Washington  
1301 College Avenue • Fredericksburg, Virginia 22401  
540/654-2000 • 1-800/468-5614  
[www.umw.edu/admissions](http://www.umw.edu/admissions)



*where great minds get to work*

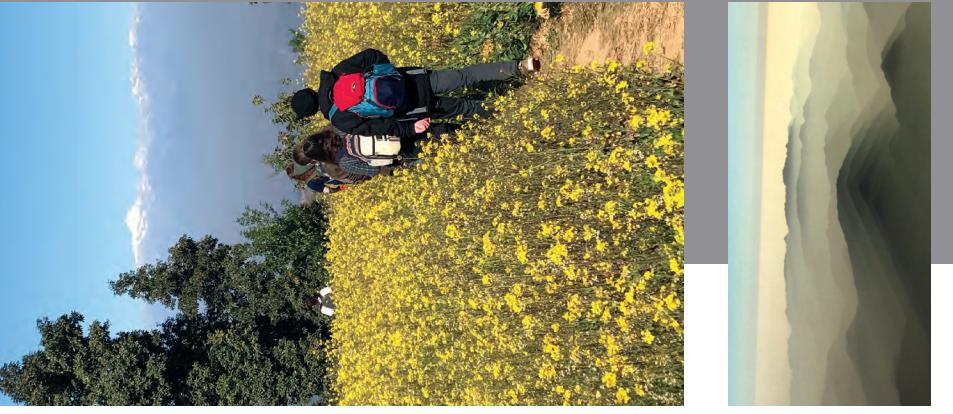


# PSYCHOLOGY PROGRAM

UNIVERSITY OF  
MARY WASHINGTON  
*where great minds get to work*

## OUR CURRICULUM

The University of Mary Washington's **Department of Psychological Science** offers a cutting-edge curriculum taught by engaging faculty, who are experts in their fields, in state-of-the-art facilities.



- General psychology.
- Content courses that include developmental psychology (e.g., psychology of aging), cognitive psychology (e.g., learning and motivation), biological psychology (e.g., cognitive neuroscience, psychopharmacology), social psychology, personality, and abnormal psychology.
- A year-long statistics sequence that prepares majors for future academic work as well as diverse careers.
- Research methods.
- Elective courses that include forensic psychology, psychology of women, psychology of mass trauma, positive psychology, health psychology, and sports psychology.
- Senior seminar. Recent topics have included:
  - Personality and social media
  - Trauma and sexual assault
  - Helicopter parenting
  - Objectification and body image
  - Animal learning
- Individual research. Up to 40 majors annually work one-on-one with faculty on a year-long project.
- Internships and/or community service learning.

## OUR FACULTY

- 14 full-time faculty nationally and internationally recognized in their fields.
- Areas of expertise include:
  - Trauma and sexual assault, eating behaviors, animal learning, cheating behavior, helicopter parenting, perfectionism, objectification and sexualization, feminism, sleep, errors in news reports, and parenting stress in autism.
- Published in top journals, have authored books and textbooks, and have been quoted in publications such as *The New York Times*.

## STATE-OF-THE-ART FACILITIES

- Mercer Hall, home of the Department of Psychological Science, was renovated in 2015 specifically to meet the needs of our majors.
- In addition to classrooms and faculty offices, the building includes:
  - An animal lab
  - An observational lab with one-way mirrors
  - Collaboration rooms for research and student use
  - Computer labs for classes and student use
  - A physiology lab with state-of-the-art equipment
  - An eye-tracker lab

## RESEARCH

- All students do at least two research projects as part of the major.
- Students have the opportunity to collaborate with faculty mentors on cutting-edge research.

- In the past three years **38** students have had articles published with UMW faculty in peer-reviewed journals and **88** students have presented papers at national or international conferences.

- Many students receive funding from UMW to attend the Association for Psychological Science conference.

## INTERNSHIPS

- We offer more than 50 internship opportunities at local agencies including:
  - Lighthouse Counseling
  - Fredericksburg Counseling Services
  - Capital Caring (Hospice)
  - Brain Injury Services
  - Commonwealth Attorney's offices in Fredericksburg and Stafford
  - Virginia Department of Juvenile Justice
  - Big Brothers Big Sisters



## FUN WITH OUR MAJORS

We have fun with our majors through a variety of opportunities to socialize and get to know each other.  
Picnics • Parties • Senior happy hour • Game show at our Psi Chi Symposium

## ONE-OF-A-KIND OPPORTUNITIES

Our department offers unique and wonderful experiences for students. These include:  
• Psychology in Europe – an opportunity to spend two weeks in the summer learning the history of psychology as you travel through Europe.  
• Mentoring Children at Risk – a program that allows students to serve as mentors at a week-long camp for children of incarcerated parents.  
• New England Center for Children – a semester-long program at this renowned center outside of Boston taking classes and learning to do Applied Behavior Analysis for children with autism.



*The UMW psychology department provided me with an amazing education, that made graduate school feel like a walk in the park. The research opportunities especially put me ahead of my peers while pursuing my masters degree. The professors are some of the most caring and inspiring individuals.*  
– Hester Godfrey '14

*The education I received in the UMW Psychology department prepared me beyond my wildest imagination for graduate school. The faculty truly shaped my life and career, and I love that I can consider them colleagues and friends who continue to provide guidance and mentorship even years after I graduated.*  
– Alex Zelin '11