

## SERVICE OPPORTUNITIES IN THE FREDERICKSBURG AREA

Agency: **Alternative Paths Training School**  
Website: [www.aptschool.org](http://www.aptschool.org)  
Phone: 540-373-8760  
E-mail: [jblack@aptschool.org](mailto:jblack@aptschool.org)  
Contact: Janet Black, M.ED, BCBA  
Address: 710 Littlepage Street Fredericksburg, VA 22401  
Opportunities: The APTS is a private day school for students between the ages of 6 to 22 with autism and other developmental disabilities. The mission of the school is to provide their students with knowledge and skills that allow them to be integrated into the community. Volunteers will stay on site, rotate among students and between classrooms providing academic support to the students. They will be trained to help with data collection for academic progress and behavioral episodes. Volunteers will also receive deflection and redirection training to keep himself/ herself safe in the event that a student aggresses, but they are not going to be required to intervene during difficult behaviors. Volunteers may be asked to help with other school-related tasks such as cataloguing books for the library and preparing materials.

Agency: **American Cancer Society, Greater Fredericksburg Area Unit**  
Website: <http://www.cancer.org>  
Phone: 800-476-1289 OR 888-227-6333  
Contact: Robyn Barber, Volunteer Coordinator  
Address: 4240 Park Place Court  
Glen Allen, VA 23060  
Opportunities: Road to Recovery drivers are needed to drive cancer patients to and from treatment for Stafford County and Fredericksburg area. Volunteers for Special Events should call Robin Newton at above number.

Agency: **American Red Cross, Rappahannock Area**  
Website: <http://www.redcross.org>  
Phone: 540-373-5176  
Fax: 540-373-0838  
E-mail: [rappchap@usa.redcross.org](mailto:rappchap@usa.redcross.org)  
Contact: Phyllis McBride, Volunteer Coordinator  
Address: 4836 Southpoint Parkway  
Fredericksburg, VA 22407-2062  
Opportunities: Help someone in need, become a Red Cross volunteer. Disaster Support Services, for local and national disasters; Military Communications, after hours to receive, verify and relay emergency communications for service personnel; Health Fair Staffing, MW Hospital one day a week delivering flowers and mail to patients; Blood Services Support, at bloodmobiles and at the donor center; Community Disaster Education; Public Relations: Health and Safety Instructors, and Office Support.

Agency: **Arthritis Foundation, Virginia Chapter**  
Website: <http://www.arthritis.org/Communities/Chapters/Chapter.asp?Chapid=55>  
Phone: 800-456-4687 x307 OR 804-359-1700  
Fax: 804-359-4900  
Contact: Judy Yoder, Vice President of Development  
Email: [info.va@arthritis.org](mailto:info.va@arthritis.org)  
Address: 2201 West Broad Street, Suite 100  
Richmond, VA 23220  
Opportunities: Seeking friendly, smiling faces of folks who wish to do their part as Health Fair Exhibitors. Help distribute literature and forward calls to the VA chapter office. Patient Program leaders needed to serve as facilitators for one of the many Arthritis Foundation

community programs, including support groups, self-help courses, land and water exercise programs.

**Agency:** **Association for Retarded Citizens- ARC Rappahannock**  
**Website:** <http://arc.communitypoint.org/>  
**Phone:** 540-318-6061  
**Fax:** 540-318-6064  
**Contact:** Charlie House  
**Email:** [chouse@arcofrapp.comcastbiz.net](mailto:chouse@arcofrapp.comcastbiz.net)  
**Address:** 15 Hope Road

Stafford, VA 22554

Mailing Address: P.O. Box 1690

Stafford, VA 22555

**Opportunities:** SOS Workers are needed to help relieve family members for a short period of time. Recreation Aide for children on Saturday (Day Break- 654-3276). Friend to a developmentally disabled person (Best Buddies- 654-3199). Also need volunteers for newsletter mailings.

**Agency:** **Autism Outreach Inc. (AOI)**  
**Website:** [www.AutismOutreach.com](http://www.AutismOutreach.com)  
**Phone:** (703) 689-0019  
**e-mail:** [MichelleHurstAO@aol.com](mailto:MichelleHurstAO@aol.com)  
**Contact:** Michelle Hurst  
**Address:** 701 Emerald Hill Drive  
Leesburg, VA 20176

**Opportunities:** AOI is a small, but expanding company that serves children with autism and their families. AOI utilizes an Applied Behavioral Analysis (ABA) approach to intervention with an emphasis on Verbal Behavior (VB), Fluency Instruction (FT) and Discrete Trial Teaching (DTT). In addition to ABA, AOI also uses Natural Environment Teaching and Incidental Teaching. A volunteer with AOI will work one on one with a child in their home. The volunteer will perform ABA programs, using all/most areas of ABA (VB, FT & DDT). Volunteers will be trained to identify behaviors, take data, prompt, reinforce and extinguish behaviors. A volunteer will be supervised by a BCABA or BCBA, most over 10 years of experience with Autism Spectrum Disorders (ASD) and ABA. This opportunity can also be an internship and if that is what you're interested in contact Dr. Miriam Liss. It could also become possible career in ABA by working their way up the ranks of AOI paired with continuous training opportunities.

**Agency:** **Battlefields Sierra Group**  
**Website:** <http://virginia.sierraclub.org/bfg>  
**Phone:** 540-429-0898  
**Contact:** Eric Scott, Chair  
**Email:** [jwhit@crosslink.net](mailto:jwhit@crosslink.net)  
**Address:** P.O. Box 1778  
Fredericksburg, VA 22401

**Opportunities:** Volunteers needed to help hospitality chair run events. Also call if interested in Adopt-A-Highway Program.

**Agency:** **Berkeley Elementary School**  
**Website:** <http://www.spotsylvania.k12.va.us/bees/index.htm>  
**Phone:** 540-582-5141  
**Address:** 5979 Partlow Road  
Spotsylvania, VA 22553

**Opportunities:** Mentors and tutors needed to help all grades K-5 after school.

**Agency:** **Bethany Christian Services**

Website: [www.bethany.org](http://www.bethany.org)  
Phone: 540-370-1800  
Fax: 540-370-4552  
Contact: Joan Richwine, Volunteer Coordinator  
Address: 1616 Stafford Avenue  
Fredericksburg, VA 22401

Opportunities: Volunteers are needed for one-on-one peer counseling, the 24 hour help line, advocacy, and as teachers for classes on post-abortion, childbirth, parenting, and training. Also, volunteers are needed to sort clothing, prep layettes, and help with the newsletter. Training is available.

Agency: **Birthright of Fredericksburg, Inc.**  
Website: <http://birthright.communitypoint.org>

Phone: 540-371-6119  
Contact: Carolyn Brodeur, Volunteer Coordinator  
Email: [brvolunteers@yahoo.com](mailto:brvolunteers@yahoo.com)  
Address: 405 Westwood Office Parkway  
Fredericksburg, VA 22401

Opportunities: A crisis pregnancy center. Need volunteers for office work, fund raising, client greeting and sorting donated clothes. Training provided. Also need layettes for new babies.

Agency: **Boy Scouts of America- National Capital Area Council**  
Website: <http://simplyfredericksburg.com/scouts/index.shtm>  
<http://www.boyscouts-ncac.org>

Phone: 301-530-9360 ext. 0  
Fax: 301-564-9513  
Contact: Ben Smith, District Executive- Piedmont  
Address: 9190 Rockville Pike  
Bethesda, MD 20814

Opportunities: Assistant Scout Leader/ Scout Leader for area cub scout packs and boy scout troops needed.

Agency: **Bragg Hill Family Life Center**  
Website: Not available  
Phone: 540-371-3662  
Contact: Dana Heffernan- Community- Based Volunteer Coordinator  
Email: [dheffernan024@gmail.com](mailto:dheffernan024@gmail.com)  
Address: 400 Bragg Hill Drive  
Fredericksburg, VA 22401

Opportunities: Volunteers are needed to assist with after-school mentoring (grades 1-12), with senior adult activities, and with youth activities. Volunteers also needed to help with "Starkids" summer camp July 8-August 2, and Summer Basketball tournament July 13-August 24.

Agency: **Brock Road Elementary School**  
Website: <http://www.spotsylvania.k12.va.us/bres/>  
Phone: 540-972-3870  
Fax: 540-972-3170  
Contact: Barbara Dickson, Principal  
Address: 10207 Brock Road  
Spotsylvania, VA 22553

Opportunities: Volunteers are needed to tutor and read to children at the elementary age level.

Agency: **Caroline Literacy Council, Inc.**  
Website: Not Available  
Phone: 804-633-6184

Contact: Vanessa Ware or Evelyn Rogers, Volunteer Coordinator/Teacher  
Address: P.O. Box 778  
Bowling Green, VA 22427  
Opportunities: Volunteers are needed for office tasks M-F 10 am-1pm or tutoring (hours are flexible).

Agency: **Caroline Middle School**  
Website: <http://www2.caroline.k12.va.us/education/school/school.php?sectionid=4>  
Phone: 804-663-6561  
Fax: 804-633-9014  
Contact: Derrick Scarborough, Principal  
Address: 13325 Devils Three Jump Road  
Milford, VA 22514  
Opportunities: Career Club; Mentors and Motivators are needed to support children who are at risk in an after school program focusing on substance abuse prevention.

Agency: **Carriage Hill Rehabilitation and Nursing Center**  
Website: Not available  
Phone: 540-785-1120  
Fax: 540-785-6201  
Contact: Michelle Walker, Volunteer Coordinator  
Address: 6106 Health Center Lane  
Fredericksburg, VA 22407  
Opportunities: Friendly, smiling outgoing volunteers needed to assist on the Alzheimer unit. Individuals and groups assist in providing one-on-one companionship, spiritual activities, sing-a-longs, games, and crafts. Evening and weekend volunteers needed.

Agency: **Central Rappahannock Regional Library**  
Website: <http://www.librarypoint.org>  
Phone: 540-372-1144  
Contact: Nancy Buck, Volunteer Coordinator  
Address: 1201 Caroline St.  
Fredericksburg, VA 22401  
Opportunities: Literacy Volunteers are needed to help an adult improve reading, writing, math, or English skills. Training is provided.

Agency: **Central Virginia Housing Coalition**  
Website: <http://centralvahousing.org>  
Phone: 540-604-9943ext. 232  
Contact: Lou Barnett, Director of Affordable Housing  
Address: 208 Hudgins Road  
Fredericksburg, VA 22408  
Opportunities: General Office help is needed on Wednesday and Friday from 9am to 12 pm to answer phones, greet walk-in clients, and perform general clerical duties.

Agency: **Chancellor's Village Retirement Community**  
Website: <http://www.chancellorsvillage.com>  
Phone: 540-786-5000 OR 877-282-4684  
Contact: Kristen Hansen, Activity Volunteer Coordinator  
Address: 12100 Chancellor's Village Lane  
Fredericksburg, VA 22407  
Opportunities: Volunteers needed to visit and join in activities with the elderly residents of the home.

Agency: **Chaplain Youth Center**  
Website: None available  
Phone: 540-371-0590  
Contact: Raymond Barnett, Assistant Director

Email: rebarnett.chaplain@verizon.net  
Address: P.O. Box 8208  
Fredericksburg, VA 22404  
Opportunities: Tutors are needed to help with schoolwork and as mentors to troubled youth in the area.

**Agency:** **Childhelp (Alice C. Tyler Village)**  
**Website:** www.childhelp.org  
**Phone:** (540) 399-5076  
**Email:** whardman@childhelp.org  
**Contact:** Wade C. Hardman  
**Address:** 23164 Dragoon Rd.  
Fredericksburg, VA 22401

**Opportunities:** Volunteers will receive training in health care standard precautions and confidentiality. The volunteer will work in both the education and program areas on the village. In the education department the volunteer will aid in our new reorganization process. The volunteer will help record and evaluate the child that has been removed from the classroom setting for a behavioral incident. The volunteer will help aid the child to eventually return to the classroom setting.

**Agency:** **Children's Museum of Richmond**  
**Website:** www.c-mor.org  
**Phone:** (804) 474-7001  
**e-mail:** ajonesnassar@c-mor.org  
**Contact:** Alison Jones-Nassar  
**Address:** 2676 West Broad St.  
Richmond, VA 23220

**Opportunities:** Past volunteers have provided more than 6,000 hours of service annually to support our services to the community including special event's, toddler programs, SOL-based school programs, summer camps, enrichment activities, and outreach programs. A volunteer may regularly participate in special events; assist with event research, design, plan, logistics, preparation and implementation. May also be working with the various departments that operate at the Children's Museum of Richmond.

**Agency:** **Comfort Zone Camp**  
**Website:** www.comfortzonecamp.org  
**Phone:** (804) 377-3430  
**e-mail:** vols@comfortzonecamp.org  
**Contact:** Marcus Forester  
**Address:** 2101-A Westmoreland St  
Richmond, VA 23230

**Opportunities:** Volunteers have one on one interaction with a grieving child. The volunteer is called a Big Buddy and the child is called a Little Buddy and you do everything with your Little Buddy. Some activities that you will do throughout the weekend with your Little Buddy could be arts n' crafts, recreation activities, and healing groups. In order to be supportive of your Little Buddy, Big Buddies must stay at the camp for the whole weekend, which is usually begins 3pm on Friday and goes until 4pm on Sunday. Volunteers do not need to have experienced a death of someone close to them in order to be a Big Buddy. Some requirements are a 6 hour training session and a criminal background check.

**Agency:** **Courtland Elementary School (\*exclusive to Psych dept)**  
**Website:** None available  
**Phone:** 540-898-5422  
**Contact:** Robin Chilton, Assistant Principal  
**Address:** 6601 Smith Station Road

Spotsylvania, VA 22553

Opportunities: Work with children to help facilitate their learning in the classroom. Duties and responsibilities will vary on a day to day basis.

Agency: **Girl Scouts Commonwealth Council of VA**

Website: <http://www.comgirlscouts.org/>

Phone: 540-898-4717

Contact: Mary Claire Kuzlow

Email: [mkuzlow@comgirlscouts.org](mailto:mkuzlow@comgirlscouts.org)

Address: 150 Old Greenwich Drive Suite 11  
Fredericksburg, VA 22408

Opportunities: Troop leaders are needed. Program consultants are needed to help troops with program activities such as computers, cars, and crafts.

Agency: **Dahlgren School (\*exclusive to Psych dept)**

Website: [http://www.am.dodea.edu/NY\\_VA/dahlgren](http://www.am.dodea.edu/NY_VA/dahlgren)

Phone: 540-653-8822

Contact: Pam Horkan

Address: Bldg 193 Dahlgren School  
6117 Sampson Road Ste 206  
Dahlgren, VA 22448

Opportunities: Work with children individually and as groups in a classroom setting.

Agency: **Department of Corrections**

Website: <http://www.vadoc.state.va.us/resources/volunteers/default.html>

Phone: 804-674-3296

Contact: Louis B Cei

Email: [volunteerservices@vadoc.state.va.us](mailto:volunteerservices@vadoc.state.va.us)

Address: PO Box 26963  
Richmond, VA 23261

Opportunities: Volunteers are needed as both tutors and counselors for resident inmates.

Agency: **DisAbility Resource Center**

Website: [www.drc-fredericksburg.org/progressctr/youth\\_services.html](http://www.drc-fredericksburg.org/progressctr/youth_services.html)

Phone: 540-373-2559 OR 800-645-6324

Fax: 540-373-8126

Contact: Claudia Depailo, Community Action Specialist

Address: 409 Progress Street  
Fredericksburg, VA 22401

Opportunities: Seeking volunteers in the areas of office support, advocacy, information and referral, peer support, skills training, and mentors.

Agency: **Downtown Greens Community Garden**

Website: <http://www.downtowngreens.org>

Phone: 540-371-7315 OR 540-372-3981 (Laura Thompson home #)

Fax: 540-373-3902

Contact: Jennifer Gorman, Administrative Director or Laura Thompson, Volunteer Coordinator

Email: [downtowngreens@verizon.net](mailto:downtowngreens@verizon.net)

Address: 206 Charles St.  
Fredericksburg, VA 22401

Opportunities: Beautify the Fredericksburg Community by working on several urban gardens.

Agency: **Eagle Hill Equine Rescue**

Website: [www.eaglehillequinerescue.com](http://www.eaglehillequinerescue.com)

Phone: (540) 399-1982

**e-mail:** eaglehillfarm@att.net  
**Contact:** Annie Deot  
**Address:** 3184 Eleys Ford Rd.  
Fredericksburg, VA 22407

**Opportunities:** Volunteers get the chance to train and supervise training of horses and people. They also help to calm timid horses and ride the "green" horses to help keep them fit and trained. Volunteers are exposed to farm management, veterinarian visits and handling orphaned newborns. Other than helping around the farm, volunteers get the option to do particular work in their area of interest.

**Agency:** **Fredericksburg Area HIV/AIDS Support Services, Inc. (FAHASS)**  
**Website:** <http://www.fahass.org>  
**Phone:** 540-371-7532 ext. 16  
**Fax:** 540-371-8446  
**Contact:** Shannon Tucker, Volunteer Coordinator  
**Email:** [info@fahass.org](mailto:info@fahass.org) OR [shannon@fahass.org](mailto:shannon@fahass.org)  
**Address:** 415 Elm St.  
Fredericksburg, VA 22401

**Opportunities:** Monthly orientations. Office support needed Mon-Fri 9am to 5pm to perform general office work, errands, and light cleaning. Need volunteers to staff informational tables at health and community fairs.

**Agency:** **Food and Friends**  
**Website:** <http://www.foodandfriends.org/default.asp>  
**Phone:** 202-269-2277  
**Fax:** 202-635-4261  
**Contact:** Greg Diamond or Dian Tollick, Volunteer Coordinators  
**Email:** [Volunteerinfo@foodandfriends.org](mailto:Volunteerinfo@foodandfriends.org)  
**Address:** 219 Riggs Road, NE  
Washington D.C. 20011

**Opportunities:** Must attend one volunteer training session, held first Saturday and third Thursday of every month. Volunteers can help in the main office doing clerical work, or in the preparation and/or delivery of food to HIV/AIDS victims and their families.

**Agency:** **Fredericksburg Area Food Bank**  
**Website:** <http://www.graycellnet/foodbank/>  
**Phone:** 540-371-7666  
**Fax:** 540-371-3186  
**Contact:** Julie Kishpaugh  
**Email:** [jkishpaugh@feedingamerica.org](mailto:jkishpaugh@feedingamerica.org)  
**Address:** 1327 Alum Springs Rd.  
Fredericksburg, VA 22401

**Opportunities:** Volunteers are needed to stock shelves, assist in warehouse, assist with bulk mailings, enter data, and work with fund-raising projects.

**Agency:** **Fredericksburg (Rappahannock) Area YMCA**  
**Phone:** 540-371-9622  
**Fax:** 540-899-3694  
**Contact:** Holly Beam, Public Relations Representative  
**Address:** 212 Butler Rd.  
Fredericksburg, VA 22405

**Opportunities:** Special Events Volunteer, Swimming Assistant.

**Agency:** **Fredericksburg Center for the Creative Arts**  
**Website:** <http://www.fccava.org/>  
**Phone:** 540-373-5646

Contact: Carol Morgan  
Address: 813 Sophia Street  
Fredericksburg, VA 22407

Opportunities: The FCCA is an all-volunteer organization that works hard to support the creative arts in our area. The Center brings regular exhibits of local and national artists, special programs and events, and art classes for all ages to the local community.

**Agency:** Fredericksburg Jaycees  
**Website:** www.fburgjaycees.com  
**Phone:** 540-371-6005  
**e-mail:** valeriehart@loveoflifephoto.com  
**Contact:** Valerie Hart, 2009 president  
**Address:** P.O. Box 278  
Fredericksburg, VA 22404

**Opportunities:** Volunteers manage community service projects in the Fredericksburg area that provide leadership development for young people. The specific duties and responsibilities of the volunteers will vary based on need. The volunteer base currently needs to be expanded to include college students. Other opportunities depend on the time of year and may include: Bigs for a day with Big Brothers/Big Sisters, Easter Egg Hunt for Fredericksburg children, Haunted House, Christmas Parade

**Agency:** Fredericksburg Department of Social Services Parenting Education Program  
**Website:** none  
**Phone:** (540) 372-1032 ext. 253  
**e-mail:** Kmh630@northern.dss.state.va.us  
**Contact:** Kathleen Hollywood, Parent Educator  
**Address:** 608 Jackson St  
Fredericksburg, VA 22401

**Opportunities:** Since childcare knowledge is a necessity for parents to properly raise their children, this program ensures that parents are correctly taught childcare. A volunteer's duty would be to assist a Social worker in charge of childcare. The duties include: Interacting with children ranging from the age of infancy to elementary school age, providing appropriate supervision, being a positive role model, reporting any concerns, and willingness to have fun! The program runs for 6 Tuesday nights from 5:45 to 8:15pm. Volunteers must be willing to sign a Self-Declaration form stating they have never been convicted of any crime against children.

**Agency:** Fredericksburg Parks and Recreation  
**Website:** <http://www.fredericksburg.va.us/parksandrec.htm>  
**Phone:** 540-372-1086 X213  
**Fax:** 540-372-3475  
**Contact:** Linda Bailey, Nature Specialist  
**Email:** lbailey@fredericksburgva.gov  
**Address:** 408 Canal St  
Fredericksburg, VA 22401

**Opportunities:** Need volunteers to coach youth sports teams or help with special events like Soap Box Derby and Art Expo.

**Agency:** Fredericksburg Police Department of Accreditation and Professional Standards  
**Website:** [www.FredericksburgVA.gov/Departments/Police](http://www.FredericksburgVA.gov/Departments/Police)  
**Phone:** (540) 654-5710  
**e-mail:** JLYNCH@PO.fredericksburgVA.gov  
**Contact:** Lt. James Lynch  
**Address:** 2200 Cowan Blvd.  
Fredericksburg, VA 22401



**Opportunities:** Volunteers assist with the accreditation process by referencing newly recognized standards with the Department Directory. A volunteer will also research in order to correct any errors

Agency: **Fredericksburg Counseling Service**  
Website: None Available\  
Phone: 540-373-2320  
Contact: Marcy Bartley, Executive Director  
Address: Riverside Business Center  
305 Hanson Ave. Suite #140  
Fredericksburg, VA 22401

Opportunities: Seeking mental health counselors to provide "no cost" counseling to individuals, couples, and families with not mental health insurance coverage. Volunteers needed to lead special interest and support groups. Fund raising volunteers interested in fund raising and public relations work. Office volunteers needed for receptionist, intake, and office work.

Agency: **Fredericksburg Regional Boys & Girls Club**  
Website: <http://www.bgca.org>  
Phone: 540-368-9531  
Fax: 540-368-9537  
Contact: Connie Lindsey  
Address: PO Box 3481  
Fredericksburg, VA 22402-3481

Opportunities: Volunteers needed to provide assistance with homework and games

Agency: **Fredericksburg Rescue Squad- Station 1**  
Website: <http://www.fredrescue.org/>  
Phone: 540-373-3264  
Fax: 540-373-0480  
Contact: Richard Depathy or Garrett Nanninga  
Address: PO Box 444 Fredericksburg 22404  
510 William Street  
Fredericksburg, VA 22401-0444

Opportunities: Both clerical and EMT positions are available.

Agency: **Fredericksburg and Spotsylvania National Military Park**  
Website: <http://www.nps.gov/frsp/>  
Phone: 540-373-6124  
Fax: 540-371-1907  
Contact: Greg Mertz  
Email: [greg\\_mertz@nps.gov](mailto:greg_mertz@nps.gov)  
Address: 120 Chatham Lane  
Fredericksburg, VA 22405-2508

Opportunities: Individuals needed to perform routine maintenance work such as; painting benches, fences, and signs. Clear brush off earthworks and road shoulders. Volunteers also needed to assist park historians and share information with visitors about park programs and Civil War history. Clerical volunteers to receive telephone calls and assist with other clerical duties at Park Headquarters.

Agency: **Friends of the Rappahannock**  
Website: <http://for.communitypoint.org>  
Phone: 540-373-3448  
Fax: 540-373-8111  
Contact: John Tippet, Executive Director  
E-mail: [john\\_tippet@riverfriends.org](mailto:john_tippet@riverfriends.org)

Address: 3219 Fall Hill  
Fredericksburg, VA 22401  
Opportunities: Periodic river clean-ups throughout the year and occasional trail maintenance and trash pickup. Office assistant to help with general office duties- event planning, phones, etc. Training also available for environmental education instructors

Agency: **Golden Living Center of Fredericksburg**

Website: None available  
Phone: 540-786-8351  
Contact: Sandra Ray, Activities Director  
Address: 3900 Plank Road  
Fredericksburg, VA 22407

Opportunities: Volunteers may have many different roles at this home. They may act as an adopted grandchild, and activities aide, or as an office assistant.

Agency: **Greater Fredericksburg Habitat for Humanity**

Website: <http://www.fksbg-habitat.org>  
Phone: 540-891-5009  
Fax: 540-891-7009  
Contact: Elaine Worth, Volunteer Coordinator (899-9644-office #)  
Collegiate Representative: Debra Schleef, 540-654-1505  
Email: fredhab@erols.com

Address: 4755 Jeff. Davis Highway Fredericksburg, VA 22401  
Opportunities: Groups build or repair homes with low-income families. Construction supervisors and volunteers for all administrative committees needed.

Agency: **Head Start**

Website: <http://www.cityschools.com/headstart/>  
Phone: 540-372-1065  
Fax: 540-372-1156  
Contact: Elaine Kevill, Volunteer Coordinator & Education Specialist  
Email: ekeville@cityschools.com  
Address: 200 Gunnery Road  
Fredericksburg, VA 22401

Opportunities: Act as a classroom assistant and interact with at-risk 4 and 5-year-olds.

Agency: **Healthy Families, Rappahannock Area**

Website: <http://www.healthyfamilies.communitypoint.org/index.htm>  
Phone: n/a  
Contact: Michele Powell, HFRA Program Manager  
Email: michelepowell@racs.state.va.us  
Address: 2217 Princess Anne St. Suite 308-1  
Fredericksburg, VA 22407

Opportunities: This parent education and support program for first time parents is looking for volunteers willing to create, purchase, or donate items to use as gifts for new parents and gifts to nurture and reward the staff. Also looking for volunteers willing to organize playgroups.

Agency: **Historic Fredericksburg Foundation, Inc.**

Website: <http://www.historicfashionsforum.com>  
Phone: 540-371-4504  
Contact: Lori Syner, Coordinator of Membership and Volunteers  
Address: 1200 Caroline St.  
Fredericksburg, VA 22401

Opportunities: Special events volunteers are needed to host special events throughout the year. Get involved in planning and staffing during the day of the event. Events include Fielding Lewis Market Day, Outdoor Antiques Fair, and the Christmas Candlelight Tour. Also need

volunteers for once a month shifts on Tues/Thurs.

**Agency:** **Historic Kenmore & George Washington's Ferry Farm**

**Website:** <http://www.kenmore.org>

**Phone:** 540-370-0732

**Contact:** Shanna Christopher

**Address:** 1201 Washington Ave.  
Fredericksburg, VA 22401

**Opportunities:** Volunteers needed to maintain gardens Tues and Thurs 9-12pm, help run children's programs, work in museum gift shops, and join historical societies dedicated to maintaining these two landmarks.

**Agency:** **Hope House/Rappahannock Refuge**

**Website:** <http://www.angelfire.com/va3/hopehouse>

**Phone:** 540-371-0831

**Fax:** 540-372-6526

**Contact:** Tara Best, Program Director

**Email:** [hopehouseva.org](mailto:hopehouseva.org)

**Address:** 902 Lafayette Blvd.  
Fredericksburg, VA 22401

**Opportunities:** Volunteers are needed to help with painting, filing, yard work, sorting clothes, helping with childcare, and answering phones.

**Agency:** **Hospice Support Care, Inc.**

**Website:** <http://www.hospicesupportcare.org>

**Phone:** 540-361-7071

**Contact:** Mary Beth Gass, Volunteer Coordinator

**E-mail:** [volunteer@hospicesupportcare.org](mailto:volunteer@hospicesupportcare.org)

**Address:** 1701 Fall Hill Ave Suite 109  
Fredericksburg, VA 22401

**Opportunities:** Patient care volunteers to work with patients and their families in the home. Bereavement volunteers to work with grieving clients. Provide telephone support and assist with support groups. Harbor House volunteers to provide direct service to patients including meal preparation and housekeeping and fundraising volunteers to help with special events..

**Agency:** **Hugh Mercer Elementary School**

**Website:** <http://www.cityschools.com/hughmercerc/default.htm>

**Phone:** 540-372-1115

**Fax:** 540-372-6753

**Contact:** Marjorie Tankersley, Principal

**Address:** 2100 Cowan Blvd.  
Fredericksburg, VA 22401

**Opportunities:** Volunteer as a ESL tutor, Kindergarten Aide, or regular tutor.

**Agency:** **James Blair Middle School**

**Website:** none

**Phone:** (757) 561-7368

**e-mail:** [KellyJ@wjcc.k12.va.us](mailto:KellyJ@wjcc.k12.va.us)

**Contact:** Jill Kelly

**Address:** Ironbound Williamsburg, VA 23185

**Opportunities:** Volunteers will be working with the students and assisting them with areas of difficulty.

**Agency:** **John F. Pattie Elementary School Agency**

**Website:** [www.pwcs.edu/Pattie](http://www.pwcs.edu/Pattie)

**Phone:** 703-221-3104  
**Agency e-mail:** zybrick1@pwcs.edu  
**Contact:** Ms. Laura Zybrick  
**Address:** 16125 Dumfries Road,  
Dumfries, VA22025

**Opportunities:** The volunteer will go through volunteer training. Once completed the volunteer will be a door greeter on Mondays from 1-3:30 and will assist in the 2<sup>nd</sup> grade classroom. This includes working with the students and administrative duties for the teacher. Other assisting function will be assigned based on need.

**Agency:** **John J. Wright Educational and Cultural Center**  
**Website:** <http://www.spotsylvania.k12.va.us/jjw/>  
**Phone:** 540-582-7583  
**Fax:** 540-582-8825  
**Address:** 7565 Courthouse Road  
Spotsylvania, VA 22553

**Opportunities:** Career Club; Mentors and Motivators are needed to support children who are at risk in an after school program focusing on substance abuse prevention

**Agency:** **Kenmore Club**  
**Website:** kenmoreclub.com  
**Phone:** 540-373-7737  
**Contact:** Lola Siler, Coordinator  
**Address:** 632 Kenmore Ave.  
Fredericksburg, VA 22401

**Opportunities:** Volunteers are needed as counselors, maintenance, food, and clerical assistants.

**Agency:** **King George Elementary School**  
**Website:** King George County Public Schools  
**Phone:** 540-775-5411  
**e-mail:** aharris@kgcs.k12.va.us  
**Contact:** Angela Harris, Assistant Principal  
Betsy Dzula, Social Worker  
Kari Pryplesh, School Guidance Counselor  
**Address:** 10381 Ridge Road  
King George, VA 22485

**Opportunities:** The personnel of King George Elementary will foster competencies that shall enable students to become independent learners. Volunteers will assist with social groups for grades K-6. They will conduct small group tutoring for academic needs and conduct observations that target classroom behaviors. They will provide support to teachers who deal with special education students and they will assist in school-wide programs that focus on character education. All of the duties will be performed under the supervision of the administration and guidance staff of King George Elementary.

**Agency:** **King George Middle School**  
**Website:** <http://www.kgcs.k12.va.us/kgms/>  
**Phone:** 540-775-2331  
**Fax:** 540-775-0263  
**Address:** 8562 Dhalgren Road  
King George, VA 22448

**Opportunities:** Career Club; Mentors and Motivators are needed to support children who are at risk in an after school program focusing on substance abuse prevention.

Agency: **King George Parks and Recreation Youth Volunteer Core**

Website: [http://www.king-geroge.va.us/content7.cfm?cont\\_uid=1](http://www.king-geroge.va.us/content7.cfm?cont_uid=1)

Phone: 540-775-4386

Fax: 540-775-5255

Contact: Janine Gaulsen, Volunteer Coordinator

Address: King George Citizen Center

8076 Kings Highway

King George, VA 22485

Opportunities: Maintenance and repairman, clerical assistant/recreational aide, publicity assistants, special events, assistant lecturers/presenters, officials, gym supervisors. Volunteers also needed to assist with special events and summer programs.

**Agency: Lafayette Upper Elementary School**

**Website:** [www.cityschools.com](http://www.cityschools.com)

**Phone:** 540-310-0029

**e-mail:** [jruss@cityschools.com](mailto:jruss@cityschools.com)

**Contact:** Mr Russ

**Address:** 3 Learning Lane

Fredericksburg, VA 22401

**Opportunities:** Lafayette is committed to providing a quality education for all students. They accept responsibility for preparing students for success at the next level. Volunteers will assist the office staff with administrative duties, provide guidance to new students during the opening of the school and they will assist the teachers in preparing their learning environments.

Agency: **Make-A-Wish Foundation**

Website: <http://www.va.wish.org>

Phone: 800-234-9474

Fax: 804-267-1758

Contact: Volunteer Coordinator

Email: [info@wish.org](mailto:info@wish.org)

Address: 2810 N. Parham Rd. Suite 302

Richmond, VA 23294

Opportunities: Volunteers needed to give interviews to possible candidates for the program and assist in wish granting.

Agency: **Marian Manor**

Website: <http://www.marionmanorofstafford.com>

Phone: 540-659-6375

Fax: 540-657-1025

Contact: Sarlene, Administrator

Email: [marianmanor@hotmail.com](mailto:marianmanor@hotmail.com)

Address: 177 Old Potomac Church Rd Stafford, VA 22554

Opportunities: Assist with activities at total Alzheimer care facility in Stafford.

Agency: **Mary Washington Health Center**

Phone: 804-224-2222

Contact: Betty Townsend, Activities Director/Volunteer Coordinator

Address: 2400 McKinney Blvd.

Colonial Beach, VA 22443

Opportunities: Assist with activities such as Bingo, morning coffee socials, special events and arts and crafts. Volunteers over the age of 16 are welcome to "adopt" a resident.

Agency: **Mary Washington Hospice**

Website: [www.marywashingtonhealthcare.com](http://www.marywashingtonhealthcare.com)

Phone: 540-741-1667, option 2  
Fax: 540-741-3581  
Contact: Raquel Widdard, Volunteer Coordinator  
Address: 5012 Southpoint Parkway  
Fredericksburg, VA 22407

Opportunities: Patient/Family Care Volunteers are needed to share a warm heart and a listening ear to patients suffering from terminal illnesses and their families. Volunteers can also assist with mailing and office duties. Bereavement training is required and free.

Agency: **Mary Washington Hospital**  
Website: [www.marywashingtonhealthcare.com](http://www.marywashingtonhealthcare.com)  
Phone: 540-741-1440  
Contact: n/a  
Address: 1001 Sam Perry Blvd.  
Fredericksburg, VA 22401

Opportunities: Escort Service Volunteers are needed to transport patients and family members to different areas within the hospital. Gift Shop Volunteers serve as cashiers for the hospital's gift store. Menu service volunteers help patients select their meals. Volunteer training takes place once every month.

Agency: **Mental Health America of Fredericksburg**  
Website: [mhafred.org](http://mhafred.org)  
Phone: 540-371-2704 OR 800-684- 6423  
Fax: 540-372-3709  
Contact: Lynn Delamer, Executive Director, or Theresa Bowers  
Email: [mhafred@mhafred.org](mailto:mhafred@mhafred.org)  
Address: 2217 Princess Anne St., Suite 219-1  
Fredericksburg, VA 22401

Opportunities: Opportunities to work with younger children on self-esteem programs, or as a depression group facilitator AND The Senior Visitor Program, in which volunteers are needed to spend one hour a week with senior citizens who are lonely, homebound, isolated or in need of a friend.

Agency: **Micah Ministries**  
Website: [www.dolovewalk.net](http://www.dolovewalk.net)  
Phone: 540-479-4116  
ext 13 (Meghann)  
e-mail: none  
Contact: Meghann Cotter or Ashleigh Cotter  
Address: 1013 Princess Ann Street  
Fredericksburg, VA 22401

Opportunities: Micah Ministries assists the homeless population with basic survival needs, case management and other support. An orientation will be provided for all volunteers, as well as on the job training, as needed. Volunteers help with serving breakfast, intake, care giving and in some cases case management tasks- dealing with paperwork and navigating systems.

Agency: **The Moss Free Clinic**  
Website: None available  
Phone: 540-741-3590 OR 540-741-1065  
Fax: 540-741-1096  
Contact: Theresa Silver, Executive Director  
Email: [mfclinic@staffnet.com](mailto:mfclinic@staffnet.com)

Address: 435 Hunter Street  
Fredericksburg, VA 22401

Opportunities: Appointment Schedulers are needed to answer phones and schedule evening appointments. Also need volunteers for pharmacy inventory, restocking exam rooms and clerical work.

**Agency:** **Neighborhood Resource Center**

**Website:** www.nrccafe.org

**Phone:** 804-864-5797

**e-mail:** penny@nrccafe.org

**Contact:** Penny Ferris

**Address:** 1519 Williamsburg Road  
Richmond, VA 23231

**Opportunities:** The neighborhood resource center is a grassroots cultural and educational center. It fosters community change and personal growth by empowering youths and adults with the tools that they need to advance. The center offers a Montessori pre-school, afterschool programs and adult programs, as well as a library, computer lab and community meeting space. Volunteers lead art class for the at risk youths the center caters to. They will also be used in any other capacity that the center needs. Special training is not required. The volunteers create lesson plans, acquire materials and teach the class with some assistance.

**Agency:** **Parent HELP, Rappahannock Area Council for Child Abuse Prevention (RACCAP)**

**Website:** www.RACCAP.org

**Phone:** 540-785-6217

**Contact:** Julie Rivnak-McAdam, Volunteer Coordinator

**Address:** PO Box 7402  
Fredericksburg, VA 22404

**Opportunities:** Need help watching children in different provided activities while their parents attend the agency's programs. Volunteers needed for Parents Anonymous Children's program worker. Also need adult group facilitators to organize weekly discussions on positive parenting strategies (Locations in Spotsylvania, Stafford, & Fredericksburg)

**Agency:** **The Paul Stefan Home**

**Website:** www.paulstefanhome.org

**Phone:** (540) 854-2300

**Agency e-mail:** psfoundation@hughes.net

**Contact:** Patricia Newman

**Address:** 8180 Everona Rd  
Unionville, VA 22567

**Opportunities:** The Paul Stefan Home is a transitional housing program for expectant mothers. The program provides housing but also guidance and support to mothers facing a crisis pregnancy. The home strives to assist mothers in obtaining a GED or further education as well as other services in the areas of parenting skills, nutrition, education, job search training and financial management. Volunteers will provide childcare services for residents who are in need of respite care, which is care while they attend an educational class or an appointment of some sort. Volunteers may also assist mothers with school work or assist in the office of administrative duties.

**Agency:** **Presbyterian Group Home**

**Website:** None available

**Phone:** 540-373-1237

**Contact:** Heidi Heyse, Program Manager

**Address:** 1007 Oakwood St.

Fredericksburg, VA 22401

Opportunities: Community Residential Volunteer to assist residents with arts and crafts, recreational activities, academic and skill training, etc.

Agency: **Project LINK**  
Website: <http://www.vafasprevention.org/>  
Phone: 540-891-3132  
Fax: 540-891-3138  
Contact: Dee Bryant, Program Manager  
Email: [info@vafasprevention.org](mailto:info@vafasprevention.org)  
Address: 2016 Lafayette Blvd. Suite 101  
Fredericksburg, VA 22401

Opportunities: Volunteers needed to play with children while their mothers attend the agency's programs (2hrs, once a month). Volunteers with computer knowledge are also needed to develop documents and assemble monthly newsletters.

Agency: **Rappahannock Adult Activities, Inc. (RAAP)**  
Website: <http://www.racsb.state.va.us>  
Phone: 540-373-7643  
Fax: 540-373-2076  
Contact: Becky Clark, Day Support Coordinator  
Email: [bclark@racsb.state.va.us](mailto:bclark@racsb.state.va.us)  
Address: 750 Kings Highway  
Fredericksburg, VA 22401

Opportunities: Volunteers needed to work side-by-side with staff and mentally retarded individuals on several different recreational opportunities, computer assistance, swimming, sewing activities and horticulture therapy/greenhouse work. Must be 18+ years old.

Agency: **Rappahannock Area Court Appointed Special Advocates (CASA)**  
Website: <http://rappcasa.com>  
Phone: 540-710-6199  
Contact: Jill Payne, Executive Director  
Email: [rappcasa@verizon.net](mailto:rappcasa@verizon.net)  
Address: 10401 Courthouse Road, Suite C  
Spotsylvania, VA 22553

Opportunities: Advocates needed for abused and neglected children involved in the court system. Must be 21+ years old and go through 36 hours of training to volunteer. Training and support is provided

Agency: **Rappahannock Area Kids on the Block, Inc.**  
Website: <http://www.racsb.state.va.us/KOB.htm>  
Phone: 540-373-3223  
Fax: 540-371-3753  
Contact: Roberta Phillips, Coordinator  
Address: 600 Jackson St.  
Fredericksburg, VA 22401

Opportunities: Volunteers are needed to work as puppeteers teaching with disabled and non-disabled puppets the ideas of acceptance.

Agency: **Rappahannock Area Office on Youth**  
Website: None available  
Phone: 540-372-1149  
Fax: 540-372-1150  
Contact: Ben Nagle, Executive Director  
Email: [ben@officeonyouth.org](mailto:ben@officeonyouth.org)  
Address: 500 Lafayette Blvd. Suite 210



Fredericksburg, VA 22401  
Opportunities: Assistance needed in the development/facilitation of group, community service opportunities for youth crews in the Fredericksburg and Stafford Areas. Training and Orientation are provided.

Agency: **Rappahannock Big Brothers Big Sisters**  
Website: <http://www.rbbs.org>  
Phone: 540-371-7444  
Contact: Lisa K. Bates, Executive Director  
E-mail: [info@rbbs.org](mailto:info@rbbs.org)  
Address: 325 A Wallace St.  
Fredericksburg, VA 22401

Opportunities: Mentors serve as big siblings to children from ages 6 to 13 who live in single parent homes. Spend 2-4hrs. a week doing recreational activities with your younger sibling. An application and interview process is run by the agency to match brothers and sisters correctly. Other areas that need assistance include group activities coordination, fundraising, and clerical work.

Agency: **Rappahannock Community Services Board**  
Website: [www.racsb.state.va.us](http://www.racsb.state.va.us)  
Phone: 540-373-3223  
Contact: Colleen Wolak, Public Info Coordinator  
Address: 600 Jackson St.  
Fredericksburg, VA 22401

Opportunities: Mother/mentor to help a teen mother attain parenting skills. Supported Living Aide, Supported Living Counselor, Exercise Volunteer for persons with mental disabilities, Career Club Youth Motivator/Tutor, Recreation Aide, Psychosocial Aide (ex. Provide supportive counseling).

Agency: **Rappahannock Council Against Sexual Assault (RCASA)**  
Website: <http://www.rcasa.org/main.htm>  
Phone: 540-371-1666  
Contact: Myrtah Veldhuis, Volunteer Coordinator  
Email: [myrtah@rcasa.org](mailto:myrtah@rcasa.org)  
Address: PO Box 1276  
Fredericksburg, VA 22402

Opportunities: Victim Advocates are needed to assist clients on the 24-hour crisis phone line (served in your own home at your own discretion), and accompany them to the hospital if necessary. 40 hours of training and a one-year commitment is required. Assistance is also needed for court accompaniment and public outreach programs.

Agency: **Rappahannock Council on Domestic Violence (RCDV)**  
Website: <http://www.rcdv.com>  
Phone: 540-373-9372  
Fax: 540-373-0794  
Contact: Cathie Braman, Volunteer Coordinator  
Address: PO Box 1007  
Fredericksburg, VA 22402

Opportunities: Crisis line volunteers, shelter advocates, children's facilitators, community legal advocates, transportation volunteers, donation volunteers, office aides, and public relations volunteers are all needed. Caregivers also needed Monday nights and to take children on outings

Agency: **Rappahannock United Way**  
Website: <http://www.rappahannockunitedway.org/>

Phone: 540-373-0041  
Fax: 540-373-0356  
Contact: Shelby Beck, Volunteer & Information Services Coordinator  
Address: PO Box 398  
3310 Shannon Park Drive  
Fredericksburg, VA 22408

Opportunities: Campaign Assistant, Information/Referral Aide. This is a volunteer fundraising organization benefiting member and grant agencies that provide a range of health and human services. The organization also provides information, conducts Energy Share programs, and administers the Combined Federal and VA State Employees fundraising campaigns.

Agency: **Reaching Potentials (\*exclusive to Psych dept)**  
Phone: 540-368-8087  
Fax: 540-368-8059  
Contact: Pamela Gorski  
Address: PO Box 1004  
Fredericksburg, VA 22402

Opportunities: Students would provide one on one Applied Behavioral Analysis therapy to young children with autism in the community. Training provided.

Agency: **Regional Adult Education**  
Website: None available  
Phone: 540-898-8165 or 800-GED-1520  
Fax: 540-891-2726  
Contact: Betsy Mathias, Program Director  
Email: mmathias@hs.spotsylvania.k12.va.us  
Address: Spotsylvania Career and Technical Center  
6713 Smith Station Rd.  
Spotsylvania, VA 22553

Opportunities: Volunteer literacy tutors needed to assist teachers in Adult Basic Education and English as a Second Language (ESL). Childcare assistants to help adult students with children while the parents attend classes. Prospective volunteers should first contact the library at 372-1144 about training opportunities, then contact Regional Adult Education.

Agency: **Society for the Prevention of Cruelty to Animals (SPCA)**  
Website: <http://www.rhspetnet.org>  
Phone: 540-898-1500  
Contact: Susan Malek  
Address: 10891 Courthouse Road  
Fredericksburg, VA 22408

Opportunities: Dog walkers. Administrative volunteers to work with Executive Director. Volunteers to clean cages and play with animals. Event volunteers needed for fundraisers, and drivers needed to transport animals

Agency: **Special Olympics**  
Website: <http://www.specialolympicsva.org>  
Phone: 800-526-6131 (ext. 3)  
Fax: 703-426-5761  
Contact: Veronica Jennings, Office Assistant  
Address: 8992 Fern Park Dr Suite A6  
Burke, VA 22015

Opportunities: Volunteers are needed as coaches, buddies, and assistants at special events.

**Agency:** **Spotsylvania County Public School (\*exclusive to Psych dept)**  
**Website:** <http://www.spotsylvania.k12.va.us/person/>  
**Phone:** 540-834-2500  
**Contact:** Wanda Ellis  
**Address:** 8020 River Stone Dr Fredericksburg VA 22407  
**Opportunities:** Assist in the front reception area of the Human Resources Office allowing you to get an overall understanding of the duties and responsibilities of all members of the HR staff. In addition, you may be assigned to work with HR staff on special projects such as assisting the Assistant Superintendent for Human Resources with research in effective HR practices, assisting the Recruitment and Retention Specialist with attrition/recruiting data reports and presentations, or assisting with other HR projects or tasks as needed.

**Agency:** **Spotsylvania Court Service Unit (15<sup>th</sup> District)**  
**Website:** None Available  
**Phone:** 540-372-1068  
**Contact:** Tami, Family Counselor & Volunteer Coordinator  
**Address:** 601 Caroline St., Suite 400  
Fredericksburg, VA 22401  
**Opportunities:** Office assistant needed to perform various duties such as: type letters, schedule appointments, and complete domestic relations petitions. Need volunteers to tutor and mentor.

**Agency:** **Spring Run Elementary**  
**Website:** [www.springrunelem.org](http://www.springrunelem.org)  
**Phone:** (804) 639-6352  
**e-mail:** [lisad\\_phillips@Ccpsnet.net](mailto:lisad_phillips@Ccpsnet.net)  
**Contact:** Lisa D. Phillips (LD Teacher)  
**Address:** 13901 Spring Run Road  
Midlothian, VA 23112  
**Opportunities:** As a volunteer you will assist students in co-taught regular classrooms at 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grades, as well as pull-out math students in 4<sup>th</sup> grade. Additional responsibilities may include reading assignments aloud for students, working with small group reading or math activities, clerical tasks for classroom teachers ( making games or other materials to be used by students), ect.

**Agency:** **Spotsylvania Litter Control**  
**Website:** None Available  
**Phone:** 540-507-7334  
**Contact:** Clara Mills, Project Coordinator  
**Email:** [smills@spotsylvania.va.us](mailto:smills@spotsylvania.va.us)  
**Address:** 600 Hudgins Road  
Fredericksburg, VA 22408  
**Opportunities:** Speaker to teach environmental education to local schools. Volunteers to supervise young people needed during litter pick-up. Volunteers needed to serve on committee.

**Agency:** **Stafford County Litter Control**  
**Phone:** 540-658-8680  
**Address:** 1300 Courthouse Road  
Stafford, VA 22554

**Agency:** **St. George's Episcopal Church**  
**Website:** <http://www.stgeorgeepiscopal.net/>  
**Phone:** 540-373-4133  
**Contact:** Carey Chirico, Christian Education and Outreach; Anna Black, Youth Director

Email: carey.chirico@stgeorgesepiscopal.net  
Address: 905 Princess Anne St.  
Fredericksburg, VA 22401  
Opportunities: Assistant Teachers for physically challenged children (this person needs to be Episcopalian).

Agency: **Stafford Citizen Assistance and Volunteer Services Office**  
Phone: 540-658-4516 (volunteer line)  
Contact: Jeff Shover, Volunteer Coordinator  
Email: jshover@co.stafford.va.us  
Address: Mailing: PO Box 339, Stafford, VA 22555-0339  
Street: 1300 Courthouse Rd. Stafford, VA 22554  
Opportunities: This organization places volunteers throughout the Stafford government Office. Many positions available: answering the switchboard, customer service jobs, data entry, or clerking positions in court and sheriff's office. Also need disaster response volunteers. Some jobs can be done day or night.

Agency: **Stafford County Head Start Program**  
Phone: 540-368-2559  
Contact: Jenny Errico, Volunteer Coordinator  
Address: 610 Gayle St.  
Fredericksburg, VA 22405  
Opportunities: Volunteer Classroom Aide needed from 8:30-noon to assist with preparing breakfast for children, classroom activities, and preparing materials for instruction. Also, need volunteers to provide computer technical assistance and volunteer literacy assistants needed from 6:30-8:30pm on Monday evenings.

Agency: **Stafford Department of Social Services**  
Website: None available  
Phone: 540-658-8730  
Fax: 540-659-8798  
Contact: Linda Wallis, Volunteer Coordinator  
Address: PO Box 7  
Stafford, VA 22555  
Opportunities: A Family self-sufficient Mentor helps families in Section 8 (including Garrison Woods) learn good financial management skills—budgeting, timely payments, credit checks, etc. Mentor works with “Learning Partner” weekly until their financial goals are met. Training is provided. Transportation aides use DDS vehicles to take client families and children to medical and social service appointments.

Agency: **Stafford Elementary School**  
Website: <http://www.pen.k12.va.us/Div/Stafford/ses/>  
Phone: 540-658-6340  
Fax: 540-658-6332  
Contact: Mrs. Mary Foreman, Principal  
Address: 1349 Courthouse Rd.  
Stafford, VA 22554  
Opportunities: Volunteers needed for mentoring and reading programs and to help with outdoor and playground work.

Agency: **Stafford Emergency Relief Through Volunteer Efforts, Inc (SERVE, Inc.)**  
Phone: 540-288-9603  
Fax: 540-288-9599  
Contact: Marilyn Stevens, HIP Program Director

Email: s.e.r.v.e.1979@gmail.com  
Address: PO Box 1357  
Stafford, VA 22555  
Opportunities: Thrift shop assistants needed to assist with day-to-day activities. Food pantry helpers to set up food boxes for the needy and assist with emergency assistance program M,W, F from 10am-1pm.

**Agency:** **Sub-Regional Library for the Blind**  
**Website:** www.librarypoint.org  
**Phone:** (540) 372-1144 ext 234  
**e-mail:** esolka@crrl.org  
**Contact:** Beth Solka  
**Address:** 1201 Caroline St.  
Fredericksburg, VA 22401

**Opportunities:** The Sub-Regional Library for the Blind provides adapted material for the blind and physically handicapped. Volunteers will receive training to use our special database. They will also help with sending excess book to NLS and entering requests for other books not provided by the library already.

**Agency:** **Thurman Brisben Homeless Shelter**  
**Phone:** 540-899-9853  
**Contact:** Kim Lally, Volunteer Coordinator  
**Email:** shelter@tbhs.org  
**Address:** 510 Essex St. or P.O. Box 1295  
Fredericksburg, VA 22402

**Opportunities:** Volunteers needed to provide critical services to homeless individuals and families in the Fredericksburg area. Volunteers also needed to aid with children's programs like outings, crafts, tutoring or birthday parties.

**Agency:** **Thornburg Middle School**  
**Website:** <http://www.spotsylvania.k12.va.us/tms/>  
**Phone:** 540-582-7600  
**Fax:** 540-582-7606  
**Contact:** Kirk Tower, Principal  
**Address:** 6929 North Roxbury Mill Road  
Spotsylvania, VA 22553

**Opportunities:** Career Club: Mentors and Motivators are needed to support children who are at risk in an after school program focusing on substance abuse prevention.

**Agency:** **Virginia's Potomac Gateway Welcome Center**  
**Website:** None available  
**Phone:** 540-663-3205  
**Contact:** Francis Volante, Manager  
**Email:** pgateway@crosslink.net  
**Address:** 3540 James Madison Parkway  
King George, VA 22485

**Opportunities:** Travel Counselors meet and greet travelers from all over the world! If you are looking for a position that is interesting, fun and also provides a feeling of self satisfaction, then this is the volunteer position for you !

**Agency:** **Walker Grant Middle School**  
**Website:** <http://www.cityschools.com/walkergrant/default.htm>  
**Phone:** 540-372-1145  
**Fax:** 540-891-5449

Contact: Harry Thomas, Principal  
Address: Fredericksburg City Public Schools  
One Learning Lane  
Fredericksburg, VA 22401

Opportunities: Career Club: Mentors and Motivators are needed to support children who are at risk in an after school program focusing on substance abuse prevention.

Agency: **Wilburn Gardens**  
Website: None available  
Phone: 540-785-3600  
Contact: Diane Mitchell, Volunteer Coordinator/Activities Director  
Email: Wilburngardens2@emeritus.com  
Address: 3500 Meekins Dr.  
Fredericksburg, VA 22407

Opportunities: Volunteers are needed to assist with Bingo, social hours, ice cream socials, and the Adopt-A-Grandparent Program. .

**Agency:** **Wilderness Elementary School**  
**Website:** [www.spotsylvania.k12.va.us/wes/index.htm](http://www.spotsylvania.k12.va.us/wes/index.htm)  
**Phone:** (540) 786-9817  
**e-mail:** [dpultz@es.spotsylvania.k12.va.us](mailto:dpultz@es.spotsylvania.k12.va.us)  
**Contact:** Diane Pultz  
**Address:** 11600 Catharpin Rd.  
Spotsylvania, VA 22553

**Opportunities:** As a volunteer, you would be a teacher's aide in a kindergarten classroom. Volunteers provided one on one and small group help for struggling students. Volunteers will also aid the teacher in giving assessments of the students. You will also be asked as a volunteer to copy, staple and assemble work packets that are created by the teacher.

Agency: **Woodmont Health Care Center (Genesis Elder Care)**  
Website: None available  
Phone: 540-371-9414  
Fax: 540-371-4501  
Contact: Claudia Dishman, Activities Director  
Email: [leya6511@yahoo.com](mailto:leya6511@yahoo.com)  
Address: P.O. Box 419  
11 Dairy Lane  
Fredericksburg, VA 22404

Opportunities: Activities Aide, Adopt a Grandparent Volunteer, Handy Hands Volunteer (ex. filling water pitchers).

Agency: **Women in Community Service**  
Website: <http://www.charityadvantage.com/WICS/Home.asp>  
Phone: 703-651-0500  
Fax: 703-671-4489  
Contact: Tessa Hale, Director of Outreach and Development  
Email: [WICSnatl@aol.com](mailto:WICSnatl@aol.com)  
Address: (National Office)—1900 North Beauregard St., Suite 103  
Alexandria, VA 22311

Opportunities: Volunteers are trained to mentor and support women and youth in the area in the hope of reducing the numbers of women and children living in poverty.

**Agency:** **Young Women Leaders Program (YLLP)**  
**Website:** [ywlp.virginia.edu](http://ywlp.virginia.edu)  
**Phone:** (434) 924-8979 (Meghan Baer)

Ext. 1491 (Dawn Bower)  
(434) 760-0245 (Elizabeth Weaver)

**e-mail:** ywlp@umw.edu

**Contact:** Elizabeth Weaver

**Address:** No fixed address – but there is an organization on UMW campus

**Opportunities:** All volunteers must take part in a 10 week training program in the first semester. This involves weekly meetings which are 2 hours in length. The following semester, the volunteer is officially a Big Sister, who will then be paired with a 7<sup>th</sup> grade girl and attend both the weekly meeting sessions (2 hours a week) and spend time with their Little Sister outside of the after school program with their Little Sister. Another aspect of the program is a Community Service Project. This year we hope to work closely with HOPE house which is a local shelter for battered women.