

UMW Predental Program Timeline: The Traditional Track

This is only a rough outline of the traditional predental track. There are many routes to the completion of dental school requirements. In the traditional track, you want to have all requirements completed by the end of the third year. Remember to continue clinical work during the summers. During the second semester of your third year, you will prepare to submit your dental school application. You will interview with the UMW premed committee in May of your third year, take your DATs during the spring / early summer of your third year, and submit your application in June of your third year.

Undergraduate Year	Predental Course Choices	Clinical Experiences	Extracurricular Activities
First Year	8 credits general biology (with lab) 8 credits general chemistry (with lab)	First semester: no clinical experiences. Get a good start on your grades. Second semester: You should get your feet wet by beginning work in the Moss Free Clinic Dental Clinic. Seek out a clinical experience over the summer.	First semester: none. Get a good start on your grades. Second semester: Find one community service activity you like and get your feet wet.
Second Year	8 credits organic chemistry (with lab) - or - 8 credits physics (with lab) Also take some highly recommended courses, such as Cell Biology, Microbiology, Histology or others (see list).	Continue your work at the Moss Free Clinic Dental Clinic. Use your experience at Moss to secure a shadowing experience with a private dental practice. Don't forget to seek out similar experiences over the summer.	Build on your community service work. Add a second activity. Get more involved. Maybe also find a campus organization you like and begin working with them.
Third Year	8 credits organic chemistry (with lab) if needed - or - 8 credits physics (with lab) if needed 3 credits of Biochemistry. Also take some highly recommended courses, such as Cell Biology, Microbiology, Histology or others (see list).	Continue your work at the Moss Free Clinic Dental Clinic and with a private practice. Try to expand on these experiences if at all possible.	Continue active community service work with at least two groups. If you have the time, pursue a leadership position in a campus org.
Fourth Year	Take some highly recommended courses, such as Cell Biology, Microbiology, Histology or others (see list).	Continue your work at the Moss Free Clinic Dental Clinic and with a private practice.	Continue with community service work.